



Aarihant Ayurvedic Medical College and Research Institute  
Swarnim Institute of Health Sciences

At - Bhojan Rathod, Gandhinagar



## “Menstrual Hygiene Awareness Lecture”

<b>INSTITUTE &amp; DEPARTMENT</b>	<b>AARIHANT AYURVEDIC MEDICAL COLLEGE AND RESEARCH INSTITUTE, AARIHANT AYURVEDIC HOSPITAL  AT –BHOYAN RATHOD, GANDHINAGAR</b>
<b>ACTIVITY NAME/EVENT NAME</b>	Awareness about Menstrual Hygiene
<b>DATE OF THE EVENT</b>	09/08/2024
<b>DURATION</b>	01:30 hrs
<b>PLACE</b>	Girl’s Primary School at Moti Adraj
<b>SPEAKERS</b>	Dr. Priyanka Chaudhary (consultant & Assistant professor, PTSR dept.)

### Objective of the event:

Poor menstrual hygiene, however, can pose serious health risks, like reproductive and urinary tract infections which can result in future infertility and birth complications. Neglecting to wash hands after changing menstrual products can spread infections, such as hepatitis B and thrush. So, for the awareness, lecture was organized by Aarihant Ayurvedic Medical College & Research Institute, Swarnim Startup and Innovation University at Girl’s Primary School at Moti Adraj.

### Flow of the event:

The event was started around 12.00 pm with the Dhanvantari Poojan. After that Dr.Priyanka Chaudhary given speech about Menstrual Hygiene.

**Significance/Outcome:**

Approximately 50 students had taken benefit of this lecture.









અરીહન આયુર્વેદિક મેડીકલ કોલેજ એન્ડ  
રીસર્ચ ઇન્સ્ટીટ્યુટ, ભોચાણ રાજકોટ  
અરીહન આયુર્વેદિક હોસ્પિટલ.

પીરોજ-પ્રસૂતિ  
નિધાન કેમ્પ-સારા...

GPS Map Camera



Adraj Moti, Gujarat, India  
7H68+RW9, Adraj Moti, Gujarat 382640, India  
Lat 23.262055°  
Long 72.567241°  
09/08/24 12:57 PM GMT +05:30